

# Heading Forward Together Conference

## 2019 Schedule at a Glance

<b>Day 1: Monday May 6, 2019</b>			
7:30 - 8:30 a.m.	<i>Registration, Continental Breakfast Exhibits Open</i>		
8:30 a.m. - 9:00 p.m.	<i>Welcome and Introductions – Blue Ridge Ballroom</i>		
9:00 a.m. - 10:15 a.m.	<b>Mitch Rosenthal Memorial Lecture</b> <b>Flora Hammond, MD</b> <i>“Challenges &amp; Strategies in Predicting Brain Injury Outcomes”</i> Blue Ridge Ballroom		
10:15 p.m. - 10:45 a.m.	<i>Break, Exhibits Open</i>		
10:45 a.m. - 11:45 a.m.	<b>Blue Ridge DE</b>  <b>Samantha Backhaus, PhD, LCP</b> <i>Coping Skills Group Intervention: Integrating Wellness and Psychological Strategies</i>	<b>Blue Ridge C</b>  <b>Brian Meyer, PhD, LCP</b> <i>When Is It MTBI, When Is It PTSD, and When Is It Both: How Do You Know, and What Do You Do about It?</i>	<b>Blue Ridge AB</b>  <b>Kathryn Perry, OT</b> <b>Michelle Crincoli, OT</b> <b>Joy Bradshaw, OTD, OTR/L</b> <i>Return to Driving after Brain Injury: How can a General Occupational Therapy Practitioner Help You?</i>
11:45 -12:30	<i>Break, Exhibits, Buffet Lunch served at 12:00 p.m.</i>		
12:30 p.m. - 1:15 p.m.	<b>S. Hughes Melton, MD, MBA, FAAFP, FABAM Commissioner,</b> <b>Virginia Department of Behavioral Health &amp; Developmental Services</b> <i>"Brain Injury and Addiction: Special Considerations"</i> Blue Ridge Ballroom		
1:30 p.m. - 2:30 p.m.	<b>Blue Ridge DE</b>  <b>Nathan Zasler, MD, FAAPM&amp;R, FACRM, FAADEP, DAAPM</b> <i>Concussive Brain Injury: Clinical Caveats and Interventions to Optimize Outcomes</i>	<b>Blue Ridge C</b>  <b>Flora Hammond, MD</b> <i>Communicating Prognosis after Brain Injury</i>	<b>Blue Ridge AB</b>  <b>Paula Levin-Alcorn, MSW, LCSW, CBIS</b> <b>Asya Haikin, MA, C-IAYT, RYT - 500</b> <i>Yoga &amp; Meditation for TBI: Evidence, Innovations and Ways Forward</i>
2:30-3:00 p.m.	<i>Break, Exhibits</i>		
3:00 p.m. – 4:00 p.m.	<b>Blue Ridge DE</b>  <b>Thomas F. Bergquist, PhD, LCP</b> <i>Finding Identity and Meaning after TBI</i>	<b>Blue Ridge C</b>  <b>Robert Karol, PhD, LP, ABPP, CBIST</b> <i>Suicide and Brain Injury: A Double Challenge</i>	<b>Blue Ridge AB</b>  <b>Kevin Carneiro, DO</b> <i>Evaluating and Managing Concussions: Getting Back to Basics</i>
4:00 p.m. – 5:00 p.m.	<b>Blue Ridge DE</b>  <b>Samantha Backhaus, PhD, LCP,</b> <b>Flora Hammond, MD</b> <i>Helping Individuals Improve Relationship Skills after Brain Injury</i>	<b>Blue Ridge C</b>  <b>William Robbins, MD</b> <b>Megan Vaughan, CCC-SLP, CBIS</b> <i>Applications of Eastern Medicine in Rehabilitation Model for Service Members with TBI &amp; PTSD</i>	<b>Blue Ridge AB</b>  <b>Rolf Gainer, PhD</b> <i>Resilience after Brain Injury</i>
5:00 p.m.	<b>End of Day</b> <b>Monday attendees only – turn in CEU Forms</b>		